



CRAIG ZADOROZNYJ PHOTOGRAPHY



OPEN 25 MILE TIME TRIAL

Sunday 14th April 2019

Start time: 8:02am

Course: V236/1

HQ: Topcliffe Village Hall

This event is promoted for and on behalf of Cycling Time Trials under their rules and regulations



VTTA OPEN 25 MILE TIME TRIAL

Organiser

Blair Buss
6 Bramley View,
Lightcliffe,
Halifax
HX3 8ST

Phone: 01422 202957
Mobile : 07936 146533
blairbuss@btinternet.com

Timekeepers

Start: Mike Penrice
Finish: Betty Philipson &
Trevor Wheatcroft

Marshalls

Members, family and friends of
Yorkshire VTTA.

HQ

Topcliffe Village Hall
Front St, Topcliffe, Thirsk
YO7 3RJ.

HQ open from 6:30am

Numbers and signing on at HQ.

Please return your number after
the event in exchange for a drink
and a cake.

Car Parking

**STRICTLY NO PARKING AT THE
ANGEL PUB TOPCLIFFE.**

**PLEASE PARK RESPONSIBLY
WITHIN TOPCLIFFE VILLAGE
AND CONSIDER RESIDENTS.**

Parking is available at Topcliffe
School and GP Surgery. Larger car
parking area available at the Crab
and Lobster Pub Asenby,
also on Asenby slip road.

Please be responsible wherever
you park as this led to numerous
complaints last year

V236/1 COURSE DETAILS

START at east end of High Street, Topcliffe, at western edge of drain
cover, just east of gateway to field at start of slip road to A168 northbound
carriageway.

BEAR LEFT up slip road to join A168 dual carriageway.

CONTINUE on A168/A19 to slip road sign-posted A168 Northallerton
(5.838 mls).

BEAR LEFT down slip road to T-junction (6.167 mls).

TURN LEFT to South Kilvington TI.

ENCIRCLE ISLAND, continue under A19 dual carriageway, bearing LEFT to
join A19 southbound carriageway (6.663 mls).

CONTINUE on A19/A168 to slip road sign-posted A167 Topcliffe (12.226
mls).

BEAR LEFT onto slip road and continue under dual carriageway, to TURN
RIGHT (CARE) (12.750 mls) onto slip road to A168 northbound carriageway.

REPEAT CIRCUIT

Join A168 (13.128 mls) Start of slip road to South Kilvington (18.553 mls)

Rejoin A19 southbound (19.377 mls)

Start of slip road to Topcliffe (24.940 mls)

Bear left onto slip-road, to FINISH at eastern gate post of second gateway
to field from the slip-road (25.00 mls).

DIRECTIONS TO START

The HQ is on a one-way street, so to get to the start, you turn left outside
of the HQ onto Front St, turn left at the end onto Church St, then follow
the road back to Long Street. Turn left and the start is on Long Street just
before the slip road to the A168.

SAFETY

In the interests of your own safety,
Cycling Time Trials and the event
promoters strongly advise all riders
to wear a hard shell helmet that
meets an internationally accepted
safety standard.

**CTT recommends that a working
rear light either flashing or
constant is fitted to the machine
in a position clearly visible to
following road users and is active
whilst the machine is in use.**

UNDER 18s Please note regulation
15 in the 2005 Handbook which
states that riders under the age of
18 must wear a properly affixed
helmet of a recognised standard.
It is the responsibility of the rider
or parent/guardian to ensure that
the appropriate helmet is worn and
correctly fitted.



RIDER'S NOTES

Do not stop on the A168/A19 unless it is unavoidable.

Local regulations

PLEASE DO NOT warm up on the course once the event has started.

No U turns near the start. Get off your bike and walk across the road.

DO NOT pass the start time keeper other than to start your ride, once at the start wait on the pavement or in the gateway behind the timekeeper until being called to start.

Riders are advised that the CTT district council will discipline any rider that is reported for riding in an unsafe manner, or who contravenes local regulations.

Please take care on the slip road up to the turn stay to the left and only move to the middle when it is safe to do so. Don't ride up the right hand side of the road.

Don't warm up on turbo trainers near houses. There is ample room in the car park for warming up on a turbo.

No cars at the start please. Please ensure that cars are not following riders or passing them on a regular basis (CTT Observers will be on the course).

Please shout your number at the finish.

Head down riding or white lining will NOT be tolerated. Observers will be on course at regular intervals and any offenders WILL be subject to DQ at the very least

RIDERS WILL BE REPORTED TO YORKSHIRE DC AND MAY FACE A DISCIPLINARY ACTION OR DISQUALIFIED FROM THE EVENT IF THIS REQUEST IS IGNORED.

MANY THANKS, YORKSHIRE DC.

If you are unable to ride, please call or text me as soon as possible, so I can let a reserve take your place. 07936 146533

MEDIUM GEAR LEAGUE

Points will be awarded in each event according to your finishing position, 120 for 1st, 119 for 2nd and so on down the field. You can ride as many events as you like but your 4 best rides will count towards the overall league so the more you ride the better your chances. The maximum gear allowed is 72", if you ride gears you must have them adjusted so a higher gear cannot be selected, gears will be checked at each event. A 72" gear was traditionally achieved using 48x18, however with modern smaller wheels and tyres a 49x18 is ideal and in some cases (19mm tyres) you can use a 52x19. The only way to be sure of your gear is to measure the distance travelled for one complete pedal revolution, this should be 18ft 10 1/4 inches. Remember if you are using a track bike with a single front brake you must have a lock ring securely fitted to the fixed sprocket.

See website <http://www.fixedwheel.co.uk> for list of events and results

**Gear inspection will be carried out at the headquarters.
Please ensure that your bike is inspected.**



PRIZES

Men & Women

1st Standard £10 + Trophy

Age Groups Men & Women

40-50

1st £20

2nd £10

50-60

1st £20

2nd £10

60-70

1st £20

2nd £10

70+

1st £20

2nd £10

Tandem

1st Fastest £10 each

Medium Gear

1st Fastest £20

ONE RIDER, ONE PRIZE.

There will be a prize presentation after the event, so please stick around to have some tea and cake and congratulate the prize winners.